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NOVEMBER 1, 2025

THE FREEDOMITE

FIS INTERSTELLAR 2025!

We are delighted to invite you to
STEAM at INTERSTELLAR 2025
A Celebration of Science, Technology,
Engineering, Art and Mathematics
on
SATURDAY 22 NOVEMBER 2025
8.30 AM ONWARDS

INTER-SCHOOL COMPETITIONS
DANCE & MUSIC EXTRAVAGANZA
SCIENTIFIC FUN ZONES
ART CORNERS & DISPLAYS
PERFORMANCES
CREATIVE SHOWCASES
STALLS
GAMES

Join us WITH FAMILY AND FRIENDS for lots of fun!

FEATHER IN OUR CAP

- FIS attended the state-level Cyber Hygiene Model United Nations, held on the 10th and 11th of October. Our students earned several laurels, including 'Best Journalist' award and 'Best Native Dress' award.
- The FIS boys' football team secured the first place and brought back the Championship Trophy from the football tournament held at Gunjur Foundation School.
- The FIS girls' and FIS boys' basketball teams were recognized as the Runners-Up in the basketball tournament at the Shlok International School.

INTRA MUN 2025

FIS recently hosted its first INTRA MUN, created especially for beginners from Grades 6 to 10.

Organized and chaired by our senior students, the event introduced participants to the art of diplomacy, debate, and global problem-solving.

With committees such as the UNHRC, CCC, DISEC and AIPPM, delegates explored pressing international and national issues and sharpened their public speaking skills. The initiative not only nurtured confidence among first-time delegates but also fostered a spirit of teamwork, research and critical thinking, making it a memorable and impactful experience for all those involved. The pictures of the INTRAMUN can be accessed on the following link:

Click here to view the pictures





- Kannada Rajyotsava Celebrations 1 Nov
- IGK OLYMPIAD and IC OLYMPIAD 7 Nov
- IM OLYMPIAD 12 Nov
- NS OLYMPIAD 13 Nov
- Children's Day Celebrations 14 Nov
- IH OLYMPIAD 19 Nov
- ISS OLYMPIAD 20 Nov
- FIS INTERSTELLAR/FIS STEAM SCIENCE FEST –
 21 & 22 NOV
- Bagless Day 24 Nov
- IE OLYMPIAD 26 Nov





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AWARDS AND RECOGNITION ...

BSSCA AWARDS

Bangalore Sahodaya Schools Complex Association (BSSCA) has bestowed the 'Guru Samman Awards' to two of our dedicated staff. Ms. Parvathi A A, our Pre-Primary Co-ordinator has been bestowed with the 'Creative Nurturer Award' (Balavatika Teacher). Our Admin Staff Mr. Shiva Shankara Reddy has been awarded 'Operations Star Award' (School Admin Staff).





AWARDS



Our librarians, Ms.

Padmavathamma M and

Ms.Jenifer Mushahary have
been awarded the 'Best Zonal

Teachers Award' by The

Academic Council of Science

Olympiad Foundation.

BAGHDAD INTERNATIONAL THEATRE FESTIVAL

Ashwin Gibin George, contemporary dance teacher at FIS, choreographed

NEYTHE- The Weaving Dance, for the dance company Mamangam. This choreography was presented at the Baghdad International

Theatre Festival, where it won the "Best Play and Performance" award.





WORKSHOP

Ms. Padmavathamma M, Librarian, Freedom International School, conducted an engaging online session on Effective Cataloging for school libraries, in collaboration with Library Matters, India. This session reinforced the idea that a well-organized library is a powerful tool in promoting literary and life-long learning. The session was attended by librarians from schools across the country.

FINANCIAL LITERACY SESSION

Students of Grade 9 attended a session on financial literacy to educate them on financial matters.

They were briefed about the types of insurance necessary for a safe household. The session concluded with a discussion on steps to ensure a safe financial future.



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CAREER COUNSELLING SESSIONS

A Career Counselling Session for students of Class 12, was held on 10 October 2025. The session offered valuable insights into career exploration to make informed decisions about KUAS & ICLAtwo top Universities in Japan.





On the 25 October, a Career Counselling Session was conducted by experts Mr. Arnav Raj and Mr. Santosh Kumar G from Career Launcher. The professionals provided insight into the various career pathways available for the students of the Science, Humanities and Commerce streams.

Mr. Sanjay Jha from Allen Institute also addressed the students of Grade 10.





LITTLE HABITS ... BIG FUTURES!

Freedom International School hosted a Panel discussion on the 25th October for parents in collaboration with First Adda founded by Ms. Akhila Das Blah. The session featured experts on health, nutrition and parenting, focusing on raising healthy happy kids. Ms. Anya Reddy-play therapist, Ms. Minka Sikka-Mommy's Health Kitchen and Dr. Deepika Ponnappa-Healthland Clinics were the panelists. It was an extremely interactive session where the panel explored the building blocks of healthy development such as food, sleep and social well being.





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FIS HAS TALENT

Talent is a universal gift, and it takes a lot of courage to use it. **FIS Has Talent (Seniors)** conducted on the 27 October, encouraged our students to overcome their fears and embrace their talents. The marvellous display of raw passion and talent left the audience and the judges mesmerized. Students were able to confidently showcase their unique skills while simultaneously inspiring their fellow students. It was an extremely eventful day which motivated countless other rising stars to come out of their shell. The buzzing energy of the performers lasted all day long and left a sense of yearning for next year's show.



BAGLESS DAY

Bagless Day, conducted on the 27 October, aimed to foster critical thinking and holistic learning. The day started with the 'FIS Has Talent - Seniors' competition. This was followed by engaging monthly club activities and enriching skill development sessions. Additionally, students learned to recycle balloons into beautiful lanterns and old clothes into bags, promoting eco-friendly practices to help reduce their carbon footprint.



HINDI DIWAS

Hindi Diwas was celebrated with pomp and show on 30 October 2025 with the theme of "Bhartiya Parv Evam Tyohar" (festivals of India). The celebration saw students performing dances, songs, and skits portraying the different ways in which festivals are celebrated in different regions of India. The performances blended the traditional with the modern and showcased the vibrant hues of the language.











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ASTRONOMY SESSION

On the 27 October, Mr. Subinoy Das interacted with students of our Science Club and discussed the wonders and mysteries of space. Mr. Das is an experienced astrophysicist who has worked with NASA and is currently working with the Indian Institute of Astrophysics. He enlightened the students with many interesting facts about outer space and how we only know a small portion of what's out there. This sparked a tremendous amount of interest and curiosity in the audience present.



Gubbacchi

It's a matter of great pride for FIS that the money raised at the **Art Auction** by our Senior Secondary students during the **Heritage Day Celebrations in March 2025**, has been used to procure furniture for the charitable organization-"**Gubbacchi**"



"The benches have brought in a structure and focus to their academics and helped them legitimize their school experience"

-Ms. Preeti Rao, Co-founder of Gubbacchi

HEALTH CAMP

"Good Health is True Wealth".

At Freedom International School, our students' well-being is our top-most priority. We conduct annual health checkups to ensure the health and well-being of all children. This year, the medical checkups were conducted between the 13

October and 17 October.

Medical professionals examined the children's eyesight, height, weight, dental and overall physical health. Children were organized as per their classes and were given medical advice on how to improve their lifestyle.



Visit to Science Gallery





Students of Grade 9 paid a visit to the Science Gallery, in Hebbal, on Friday, 24 October 2025. The students were able to reinforce their concepts by seeing the experiments performed at the various exhibits.

Visit to Adamya Chetana

Students of Grade 8 had the opportunity to visit "Adamya Chetana - The No Waste Kitchen" on Tuesday, 28 October 2025. The students learned how this sustainable kitchen serves thousands every day, with zero wastage of food.